

Reveal Your Body's Secrets Through Clinical Thermography

Everybody glows. Your body emits thermal energy (in the form of infrared heat) that can be used to reveal some of what is going on in your body that is hidden from your eyes and not yet felt through symptoms like pain or discomfort.

What Is Thermography?

Medical thermography is the science of taking images of the thermal energy of your body and using the information revealed to detect abnormalities and correlations to health issues. The theory behind thermal imaging, also called digital infrared thermal imaging (DITI), is that normal and abnormal tissues have different heat signatures. So a thermal image, when read by an experienced examiner and run through the proper computer analysis, may reveal the infrared evidence of a potential or actual health issue that may not yet be detectable by other means, such as an X-ray, CAT scan, or MRI.



Thermography offers several benefits:

- With early warning of a potential problem, you can take immediate action to address the issue, providing the time to carefully consider all of your options and perhaps even heading off the problem before it becomes serious.
- In many cases, thermography can be useful to track changes in a condition. Once you have a baseline thermal reading, subsequent thermograms will reveal temperature deviations over time. This may provide valuable information for gauging whether a condition is getting better or not, and even whether a particular treatment is working well or not.
- Medical thermal imaging is one of the only reliable ways to detect Chronic Regional Pain Syndrome, and it is FDA-approved as an adjunct breast cancer and breast health screening tool.

What Can Thermography Reveal?

Although thermography cannot see deep into the body, it can detect many of the thermal indications of abnormalities near the surface, including those often associated with:

- Inflammatory conditions, such as arthritis
- Arterial blockages
- Soft-tissue and sports injuries
- Carpal tunnel syndrome
- Spinal disc and back issues
- Metabolic disorders
- Cluster headaches
- Auto-immune disease
- Rheumatic conditions, including vasculitis
- Chronic Regional Pain Syndrome
- TMJ (Temporomandibular joint disorder)
- Nerve problems, diabetic neuropathy

Schedule your appointment for our March 9th Thermography Day.

Call Sara at 618-624-9080 today!



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